

SIGNATURE TRAINING

NEWSLETTER



First Aid Training

A practical and empowering experience, equipping participants with the skills and confidence to respond safely and effectively in emergencies.



Nautanki Sala Café

Discover the new café, a vibrant space serving delicious food and drinks. Perfect for a catch-up, quick bite, or coffee in great company!



Celebrating Diwali at Nautanki Sala

Our team came together to celebrate Diwali in style at one of our partner restaurants, Nautanki Sala. The celebration was filled with vibrant music, energetic dance performances, and a showcase of talent from across the team. Colleagues enjoyed the festive atmosphere, delicious food, and the spirit of togetherness that makes our workplace feel like a community.

The event was also the perfect occasion to recognise our outstanding employees. We proudly announced the Employees of the Month for August and September, celebrating their hard work, dedication, and positive contributions to the team.

It was an afternoon of joy, celebration, and recognition, reminding us all of the importance of culture, community, and appreciating the amazing people we work with.

Get Involved!

Check out our website to explore all our courses and discover the perfect program for you.



Welcome on Board



We're excited to welcome Sidra to the team! With a Diploma of Community Services and extensive experience in student support, advocacy, and program coordination, she's passionate about empowering learners, fostering inclusion, and creating supportive, engaging educational communities for all students.

Upcoming Events



- 01** **Melbourne Cup**
04 November
- 02** **Resume & Cover Letter Workshop**
12 November
- 03** **Black Friday**
28 November



Industry News

The demand for aged care professionals is growing across Australia, with providers seeking staff skilled in clinical care and cultural competency, emphasizing ongoing training and development.

Wellness Tip

Take a few minutes each day to practice deep breathing or mindfulness exercises — even 5 minutes can reduce stress, improve focus, and boost overall wellbeing.

Stay Connected

Follow us on Facebook, Instagram, and TikTok for the latest updates and news. Don't forget to share your experiences and ideas with us!

Enrolment Stats

- Total New Students: 114
- By Program:
 - Short Courses: 36
 - Child Care: 4
 - First Aid: 43
 - Individual Support: 19
 - Ageing Support: 12



Rising enrolments show students' confidence and excitement for their learning journey.

Graduate Stats

- Total Graduates: 137
- Job Placement / Further Study: 47%
- Top Programs Graduated:
 - Short Courses: 21
 - First Aid & CPR: 48
 - Child Care: 3
 - Individual / Ageing / Disability Support: 9
 - Workforce EST Program: 56

Celebrating our graduates as they step into the industry with confidence, ready to thrive alongside their peers.



LEARNING CORNER



Study Tip of the Month

Break study sessions into 25-minute focused blocks with short breaks in between — this “Pomodoro Technique” keeps your mind sharp and prevents burnout.

Did You Know? Listening to calming instrumental music while studying can improve focus and retention by reducing stress and mental fatigue.

Written By: Stephen

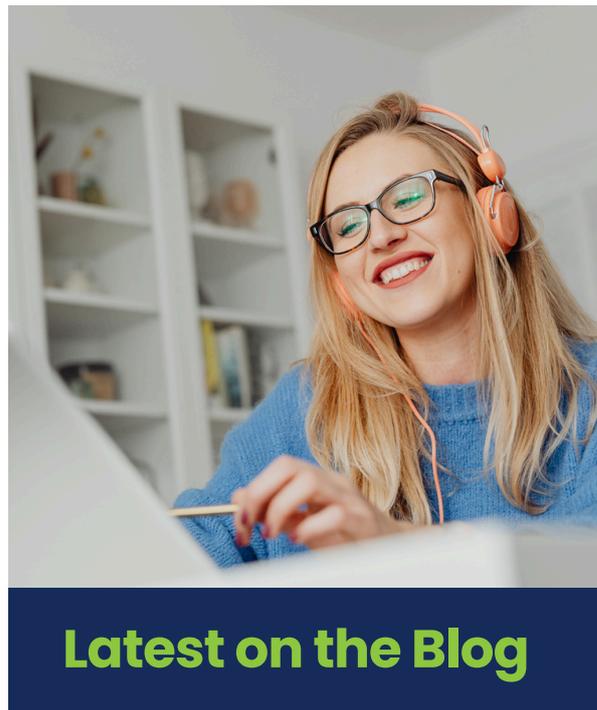
Insights You Can Use

In October, our blog continued to share valuable tips and real-world advice to help you grow in your career and studies.

We discussed effective communication techniques in the workplace, ways to manage stress and maintain work-life balance, and how to build professional confidence through continuous learning.

We also highlighted Australia’s healthcare and aged care sectors, showcasing the growing opportunities for compassionate professionals and providing practical insights to help you reach your goals.

[Read More on our website](#)



This Month in Pictures



Students get hands-on experience with the coffee machine, mastering essential barista skills under the guidance of their trainer, Faisal.



The team shines in vibrant traditional attire, celebrating Diwali with music, dance, and festive cheer.



Our dedicated admin staff assist students with focus and care, ensuring smooth learning experiences.



Partner businesses, including Ten Thirty One Co. and Nautanki Sala, join the festivities, bringing the community together in celebration at Parramatta Lanes.



MEET YOUR TRAINER – OULA JNIEDI

Solid Background and Strong Responsibility

Oula has built a strong career in nursing and beauty therapy, working as an Enrolled Nurse at a medical centre since 2022, and as a Dermal Therapist and Manager at a beauty salon that also offers beauty training services since 2009. She combines her clinical expertise with a passion for client care, developing individualised treatment and care plans while upholding ethical and cultural safety standards. Her commitment to continuous learning and safe practice ensures the delivery of quality service across both healthcare and wellness settings.

EST Courses Oula Teaches

- Beauty Therapy
- Community Services
- TBI Career Development Courses

Team Spotlight

Recognising our August Employees of the Month:

- Shruti – A problem solver at heart, she makes learning effortless and enjoyable for everyone.
- Alyssa – Our organised and dependable team leader, keeping everything running smoothly behind the scenes.



Pictured: Shruti, Alyssa

Honouring our September Employees of the Month:

- Gilbert – Always ready to assist students with a smile, bringing dedication and positivity to every interaction.
- Biplap – Despite being new, he consistently goes above and beyond, supporting the team wherever needed.
- Sugandh – Delivering excellence every day while building strong connections and meaningful networks.



Pictured: Biplap, Sugandh, Gilbert



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OUR FAMILY OF BUSINESSES

